

State of New Hampshire  
By His Excellency  
John H. Lynch, Governor

EXECUTIVE ORDER NUMBER 2006-7

An Order Relative to State Employee Wellness

WHEREAS, the overall health and wellness of New Hampshire state employees is important to their quality of life as well as to their service to the citizens of our State; and

WHEREAS, promoting healthy lifestyles and physical fitness for state employees, retirees and their dependents will improve their health and wellness; and

WHEREAS, the Health Benefits Advisory Committee was created by the 2005-2007 Collective Bargaining Agreement and consists of eight members, including four members from the State Employees Association and four members from the State of New Hampshire management team; and

WHEREAS, the State of New Hampshire in partnership with the State Employees Association, intends to implement a comprehensive wellness program that will continually support and assist state employees, retirees and their dependents in achieving greater health and wellness.

NOW, THEREFORE, I, JOHN H. LYNCH, GOVERNOR OF THE STATE OF NEW HAMPSHIRE by the authority vested in me pursuant to part II, article 41 of the New Hampshire Constitution, do hereby order as follows effective immediately:

1. All executive departments and agencies shall support the efforts and goals of the Health Benefits Advisory Committee and its workgroups.
2. The Health Benefits Advisory Committee and its workgroups shall identify community partnerships, state agency resources and health coverage vendor resources that can:
  - a. Create or improve wellness programs for state employees, retirees and their families;
  - b. Provide consensus on measurements to gauge the effectiveness of wellness initiatives;
  - c. Identify models and opportunities for on-site wellness programs; and
  - d. Provide feedback for state agency health and wellness programs.
3. The Health Benefits Advisory Committee and its workgroups shall oversee the communication and promotion of wellness programs and events to state employees and retirees, which communication may consist of web pages devoted to the state wellness programs, informational mailings and statewide electronic transmissions, among other methods.
4. Each agency head shall identify and appoint a Wellness Coordinator to spearhead that agency's efforts and to serve as the agency's liaison to the state wellness program. Each agency shall offer its expertise and cooperation to assist in educating all state employees on healthy lifestyles and wellness models.
5. All state employees and retirees are encouraged to participate in the Foundation for Healthy Communities' WalkNH program and in any future offerings of the state wellness program, including the promotion of the state Employee Assistance Program, existing wellness services available through the state

employee and retiree health benefits program as well as such programs offered to employees by individual state agencies and departments.

Granted under my hand and seal at the Executive Council Chambers in Concord, this 6th of June in the year of our Lord, two thousand and six.

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Governor Of New Hampshire